

COMMUNITY RENEWAL TEAM **MAY 2023** CONGREGATE MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Meatloaf w/ Gravy Mashed Potatoes Steamed Spinach 100 % Whole Wheat Brd Fresh Fruit	2	Chicken Parmesan w/ Sauce Salad Garlic Bread	3	Cracker Crumb Haddock Rosemary Potatoes Baby Carrots /Tartar Sce 100 % Whole Wheat Brd Fresh Fruit	4	Marinated Steak Mashed Potatoes Corn	5	<u>CRT Celebrates Cinco de Mayo</u> Grape Juice Mexican- Seasoned Pulled Pork / Pico de Gallo Sce Spanish-Style Yellow Rice Corn & Pepper Blend Veg Cornbread Loaf / Tres Leche
8	BBQ Pork Tater Tots Ketchup Green Beans 100 % Wh Wheat Brd Fresh Fruit Chocolate Pudding	9	Turkey Wrap W/ Cheddar Cheese, Lettuce & Tomato Chips	10	Baked Ham Potato Salad Peas & Carrots 12 Grain Bread Fresh Fruit	11	Breakfast for Lunch Eggs French Toast Bacon	12	Beef Meatballs w/ Gravy Garlic Smashed Potatoes Vegetable Blend 100 % Whole Wheat Bread Fresh Fruit
15	Chicken Stir Fry White Rice Steamed Broccoli Wheat Bread Fresh Fruit	16	Hot Dog W/ All the fixings Baked Beans	17	Vegetable Lasagna Zucchini Garlic Knot Fresh Fruit	18	B.L.T. Sandwich Macaroni Salad Chips	19	Boneless Chicken Marsala Pesto Pasta Italian Vegetables Garlic Knot Fresh Fruit Mini Cannoli
22	Vegetable Soup Plain Hamburger on Hamburger Bun Potato Wedges Shred Lettuce & Sl Tomato / Ketchup & Mayo Pkts / Fresh Fruit	23	Mac & Cheese Steamed Broccoli	24	<u>Celebrate Strawberries</u> Orange Juice Turkey Pot Pie w/ Peas & Carrots Brussel Sprouts 100 % Whole Wheat Brd Strawberries w/ Biscuit and Topping	25	Ricotta Stuffed Shells w/ Marinara Sauce Salad Garlic Bread	26	Sofrito Boneless Pork Chop Spanish Roasted Potatoes Broccoli Normandy Cornbread Fresh Fruit Wholegrain Fruit Bar
29	CRT Closed In Observance of the Holiday	30	Sophie's Lunch Polish Style Taco W/ sauerkraut, kielbasa topped w/ onions & bacon	31	Salisbury Steak w/ Gravy Cornbread Stuffing Asparagus Wheat Bread Fresh Fruit				

Elderly Nutrition Program meals are served Monday thru Friday @ 12:00pm to persons 60 years of age or older.

SUGGESTED DONATION: \$4.00.

The menu is subject to change due to the possible unavailability of product. Thank-you very much for your understanding !

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